



# PACKING LIST – RAIN FOREST

**ECUADOR GREEN TRAVEL**

## AMAZON JUNGLE PACKING LIST

What should I pack for the Amazon Jungle?

### LUGGAGE

- Backpack (or suitcase)
- Day Pack

### CLOTHING

- Long pants
- Shorts
- T-shirts
- Long sleeve light shirt
- Light sweater or fleece
- Underwear & Socks
- Waterproof Jacket
- Swimsuit
- Sun hat
- Smart evening wear (optional)

### FOOTWEAR

- Hiking Shoes
- Walking Sandal

### DOCUMENTATION

- Passport
- Return flight tickets
- Reservations
- Insurance documents
- Cash

### PERSONAL ITEMS

- Sunglasses
- Sun protection cream
- Insect repellent
- After Bite
- Toiletries

- First aid kit
- Water Bottle (refillable)
- Flashlight torch
- Dry bag


### ELECTRONICS


- Camera
- Camera accessories
- Travel adaptor
- Cellphone

### OPTIONAL EXTRAS

- Snacks
- Clothes soap
- Trekking poles
- Binoculars
- Books Wildlife guide

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